

# JOURNEYWORKS PUBLISHING

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**For Immediate Release**

## Introducing Two New Physical Activity & Nutrition Display Posters and Three Pamphlets from Journeyworks

January 2008 – Journeyworks Publishing announces the release of two large format (28" x 22") laminated display posters to help reinforce healthy eating and physical activity messages. Single poster prices start at \$14.95, with significant discounts for bulk purchases.

Also added to the physical activity and nutrition category are three new pamphlets: *Sodas and Energy Drinks: What Everyone Should Know* (#5516), *The Weight Loss Quiz* (#5514) and *Self-Esteem and Weight Loss* (#5515). To receive review copies of these pamphlets, professionals and educators can call 1-800-775-1998, visit [www.journeyworks.com](http://www.journeyworks.com) or write to Journeyworks Publishing, P.O. Box 8466, Santa Cruz, CA 95061-8466.

Pamphlet prices start at \$18 for 50 copies. Information on bulk pricing and personalization is available by calling Journeyworks or visiting the website.

All of these materials can be viewed at <http://www.journeyworks.com/products.asp?dept=70>.

