

# JOURNEYWORKS PUBLISHING

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**For Immediate Release**

## New Caregiving and Senior Health Pamphlets

### Free Review Copies from Journeyworks

April 2006 – Journeyworks Publishing announces new pamphlets for caregivers and others interested in senior health issues. These pamphlets are a quick and easy read. They offer valuable information on caring for an older, ill or disabled adult, preparing for appointments with health care providers and tracking over-the-counter and prescription medications.

These pamphlets are designed to help relieve stress and provide support to family members and other caregivers.

- § **Doctor Visits: A Checklist for Caregivers (#5419)**
- § **When Your Loved One Can No Longer Live Independently (#5418)**
- § **Managing Medications (#5420)**
- § **Organizing Medications: A Fill-In Chart (#5421)**



View these pamphlets online at <http://www.journeyworks.com/products.asp?dept=2>.

To receive free review copies of the above pamphlets, professionals and educators can call 1-800-775-1998; send a fax to 1-800-775-5853; visit [www.journeyworks.com](http://www.journeyworks.com); or write to Journeyworks Publishing, P.O. Box 8466, Santa Cruz, CA 95061-8466 and request review copies. Prices start at \$18 for 50 pamphlets. Information on bulk pricing is available by calling Journeyworks or visiting the website.

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