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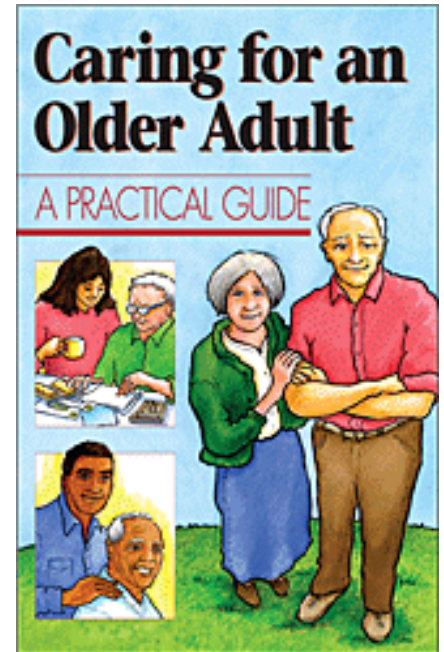
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For Immediate Release

Announcing a New Book for Caregivers Free Review Copies from Journeyworks

May 2008 – Journeyworks Publishing announces the release of a new 32-page book, *Caring for an Older Adult: A Practical Guide* (#5543), a handy resource filled with information and advice for caregivers in a wide range of caregiving situations.

Offering specific strategies for dealing with the daily challenges of caregiving, this easy-to-read book includes lots of checklists, bullets and bold headings to break up text and organize topics into manageable segments. It reminds caregivers of the importance of seeking outside support and respite care, and highlights the often overlooked rewards of caring for another person.



To find out more information and see inside this book, go online to <http://www.journeyworks.com/prodinfo.asp?number=5543>.

To receive free review copies of this title, professionals and educators can call 1-800-775-1998; visit www.journeyworks.com; or write to Journeyworks Publishing, P.O. Box 8466, Santa Cruz, CA 9506-8466. The caregiver book is priced at \$4.95 for individual copies, with substantial price discounts for bulk purchases. Information on bulk pricing and personalization is available by calling Journeyworks or visiting the website.

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