

JOURNEYWORKS PUBLISHING

763 CHESTNUT ST. • SANTA CRUZ CALIFORNIA 95060-3751
PHONE 800/775/1998 • 831/423/1400



P.O. BOX 8466 • SANTA CRUZ CALIFORNIA 95061-8466
FAX 800/775/5853 • 831/423/8102

Contact: Lolly Belanger
lbelanger@journeyworks.com

For Immediate Release

Introducing Three New Caregiving and Senior Health Pamphlets Free Review Copies from Journeyworks

May 2008 – Journeyworks Publishing announces three new caregiving and senior health pamphlets. These easy-to-read titles offer supportive tips, resources and encouraging advice relevant to caregivers and an older adult audience.

- **Alcohol and Older Adults: 10 Things You Should Know (#5536)**
- **Exercise and Osteoarthritis: 10 Things You Should Know (#5541)**
- **Exercise and Depression: 10 Things You Should Know (#5542)**

View these and other caregiving and senior health pamphlets online at <http://www.journeyworks.com/products.asp?dept=36>.

To receive free review copies of the above pamphlets, professionals and educators can call 1-800-775-1998; send a fax to 1-800-775-5853; visit www.journeyworks.com; or write to Journeyworks Publishing, P.O. Box 8466, Santa Cruz, CA 95061-8466 and request review copies. Prices start at \$18 for 50 pamphlets. Information on bulk pricing is available by calling Journeyworks or visiting the website.



###