

Put Me On Your Plate™

FOOD GROUP BINGO

		FREE SPACE		

		FREE SPACE		

		FREE SPACE		

		FREE SPACE		

Print out one bingo game sheet for each player. Each player will then have a total of 4 bingo cards and therefore can play 4 games.

DIRECTIONS:

1. In random order, fill the squares of the bingo games above with the MyPlate food groups. You can write out the name or use the first initial of the name, or mark with a color. (Vegetables = Green; Fruit = Red; Protein = Purple; Grain = Brown; Dairy = Blue.)
2. Place **Put Me On Your Plate™** cards into a paper bag and have someone draw a card. Players must identify which food group the drawn card belongs to, and mark a corresponding square. Players filling in five squares (in any direction) get **BINGO!**



©2012 Journeyworks Publishing. MyPlate icon courtesy of USDA.
 Permission granted to print for personal use or use within your programs. Not for resale.
 Journeyworks Publishing is a proud partner of the USDA Nutrition Policy and Promotion.
www.journeyworks.com 1-800-775-1998 Title #1102